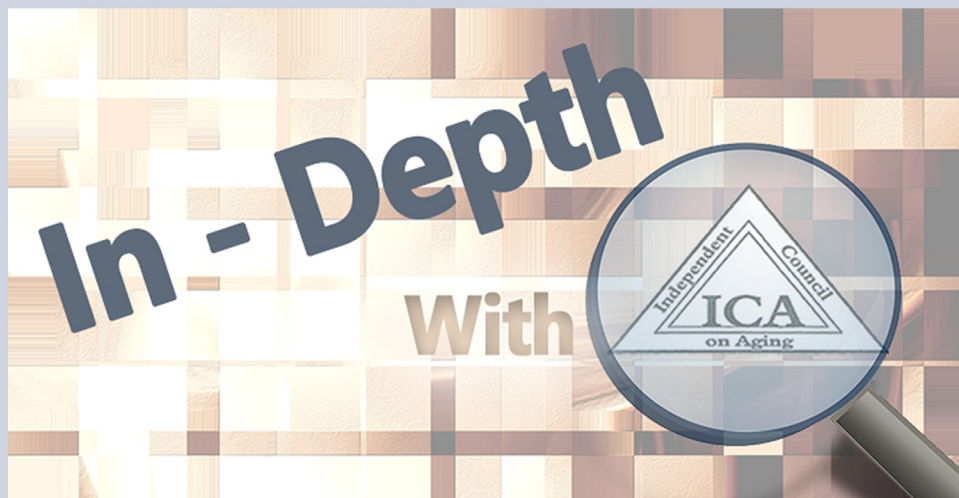




**Independent  
Council on  
Aging, Inc.**

**Newsletter**



September 2016

icaerie.org

*A note from ICA PRESIDENT Mike Starocci*  
**WELCOME BACK!**

We hope you had a safe and happy summer. We are looking forward to a great 2016/2017 season for ICA. I am very pleased with the team the membership has elected and the people who have volunteered to help lead ICA. The summer board meetings have been very interactive with a lot of great ideas from the attendees to increase our membership, give back to the community and keep ICA a fresh networking organization. We will once again strive to have the meetings end at 12:45 PM so it isn't a burden on your busy day. That being said, the idea of ICA is to network. There will be plenty of time before and after the meetings to do so.

***Remember, this is your ICA and we want current and new members to always feel welcome and feel free to contribute their time and ideas.***

*Best Wishes,  
Mike*

**Coming Soon: ICA Member Picnic**

Join us for food, drinks and fun at the annual picnic.



**WHERE:** Benetwood Apartments  
641 Troupe Rd.

Harborcreek, PA 16421

**WHEN:** Friday, Sept. 23  
from 3:30pm - 5:30pm

RSVP by Sept. 20th to (814) 899-0088  
or email: [wendybenetwoodsc@gmail.com](mailto:wendybenetwoodsc@gmail.com)

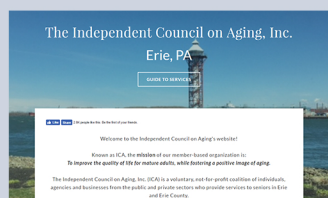
***Bring a friend!***

First Meeting of the  
2016-2017 ICA year is:  
**FRIDAY, SEPT. 9**

**11:30am**

**Regency at South Shore**

***WE HAVE A  
NEW LOOK!***



***Check out the  
NEW ICAerie.org!***

***ICA's Mission:***  
To "improve the quality  
of life for mature  
adults while fostering  
a positive image  
of aging."

CONTINUED



*The Independent Council on Aging, Inc. (ICA) is a voluntary,  
not-for-profit coalition of individuals, agencies, and businesses from the  
public and private sectors who provide services to seniors in Erie and  
Erie County.*

ICA Board of Directors  
2016-2017:

**President:** Mike Starocci

**VP:** Julie Hartmann

**Secretary:** Lisa Anderson

**Treasurer:** Lindsay Chancola

**Members-at-large:**

**Kristen Gehrlein**

**Kristin Laine**

**Gert Simmons**

**ICA Committees:**

**Membership:** Pat Christianson  
& Michele Cooney

**By-Laws:** Sr. Pat Hause

**Legislation:** Matt Trott

**Nomination:** Kim Whelan

**PR:** Pamela Marlowe &  
Kristen Gehrlein

**Arts & Culture:** Ray Maholtz  
& Mary Beth Pfister

**Health & Wellness:** Amee  
Weislogel & Sr. Pat Hause

### **2016 Meeting Dates:**

(11:30am at Regency)

September 9

October 7

November 4

December 2

Visit [ICAerie.org](http://ICAerie.org) for  
complete 2016-2017  
schedule.

### **2016 Board Meetings:**

(8am at Maryvale Apts.)

September 22

October 20

November 17

December 15



*Don't forget to display your  
ICA Table Tent at local events!*

**~Save the Dates~**

**Friday, September 9, 2016 at 11:30am - 1pm**

**FIRST MEMBER MEETING OF THE YEAR!**

The Regency at South Shore

322 Washington Place in Erie

**SAVE  
THE  
DATES**

*If you cannot attend or are bringing a guest, please let us know  
by Wednesday the week of the meeting. Call: 814.835.7485*

**Thurs, Sept. 15 from 11am - 2pm**

State Rep. Wentling Senior Expo

St. John's Parish Center

Main Street East in Girard

**Tues., Sept. 20 at 11am**

Retirement Living University

Springhill Senior Living

RSVP to 814-860-7042

**Thursday, Sept. 22 at 1pm**

Falls Prevention Awareness Day

Springhill Senior Living

RSVP to 814-860-7042.

**Thursday, Sept. 22 from 1 - 4pm**

Parkside at North East Open House

2 Gibson St. in North East

RSVP to Lisa at (814) 725-3665.

**Friday, Sept. 23 from 330 - 530pm**

ICA Member Picnic

Benetwood Apts. - See page 1

Tickets on Sale now for Teepa Snow

Alz and Dementia Seminars

EventBrite.com

### **ATTN ICA MEMBERS:**

Do you have an upcoming event or announcement to make?

Let ICA help you get out the word!

Email event details to: [ICAeriePA@gmail.com](mailto:ICAeriePA@gmail.com) or give to Pam  
at an ICA Meeting. The information may be included in the following:

- ICA Section of Senior News
- Calendar on the new ICAerie.org website
- Included in this Newsletter



**NEW  
MEMBER  
CORNER**

**Know someone interested  
in joining ICA?**

Joining is EASY! Fill out an application online at [ICAerie.org](http://ICAerie.org).  
Or fill out a form during one of ICA's monthly meetings.  
A yearly membership for ICA is \$85.

**ICAerie.org  
814.835.7485  
P.O. Box 1936  
Erie, PA 16512**