**ICA General Meeting**

**Friday, March 4, 2022**

**11:30am**

**Via Zoom and in Person at Marquette’s Savings Bank**

**SPEAKER: Mary Machuga – White Pines Center for Healing**

* Non-profit for eating disorders
* In person and virtual treatment
* Located on 7th and Raspberry
* Eating disorders are not a choice
* High mortality rate of any mental health disease
* Cardiac issues most prominent in death from eating disorders
* Very rarely a stand alone disease
* Epidemic, biological, psychosocial disease
* Eating disorders can be a way to cope with emotions
* Triggers include divorce, natural signs of aging, assault, trauma
* Link between eating disorders, trauma, PTSD
* 1116 West 7th Street
* 814-461-5617
* Very underdiagnosed in Senior population
* Will come and do presentation with staff

**APPROVAL OF MINUTES:** Ray and Terran – All voted in favor

**TREASURER’S REPORT:** Wendy Wallace

* See attached report

**MEMBERSHIP:** Amy

* Close to 70 members
* Having difficulty with google docs. Will have ready by next meeting

**ARTS AND CULTURE:** Ray

* Back up and running
* May 10th – Happy hour at Traditions (1608 West 8th Street)
* May 8th – Reception and Awards from 1-3
* UPMC tentatively agreed to keep it going another year
* Desperately in need of sponsors
* Artists gets money for their art piece

**VALENTINES DAY:** Kathie Soudan

* Will be held Feb. 14, 2023 at the Bayfront Convention Center
* Will be looking for sponsorship
* Decided to dedicate in Memory of Tony Viglione and planting a tree

**COMIC RELIEF:** Amee not present

* Nothing to report
* Cancelled for this year

**ELDER JUSTICE:** Pasquale Casane

* Nothing new to report

**PUBLIC RELATIONS:** Jennifer Moody

* Working on announcement for Comic Relief and Senior news

**NOMINATIONS**: Pat

* Anyone who would like to run for board position let her know
* Voting is in May

**LEGLISTATION:** Matt

* Gov. Wolf has given proposals for budget
* Lottery had a good year. Brought in a lot of money
* Property/Rent Rebate now available for Seniors 65+. Money does not get dispersed cuntil July. Really trying to emphasize filing on line
* GECAC, Senior Centers, and State Representatives office can assist in filing

**GUIDES TO SERVICES:** Todd

* Hope to get things to the board for approval next week. Would like to have done for April

**VICE PRESIDENT’S REPORT:** Kathie Soudan

* Speaker for April is Lindsey from Symbria Fall Prevention Program

**PRESIDENT’S REPORT:** Sister Pat

* Leaving Benetwood Apartments so there is a job opening for an Administrator

**VISITORS AND GUESTS:**

* Carlie from Senior Food Box Program at the Second Harvest Food Bank. Looking to expand program

**MEMBERS AT LARGE:** Vickie

* Nothing to report

**SECRETARY REPORT:** Stephanie Garcia

* Will be having surgery on 3/24/22 and unknown when will be back to work
* Will try to participate via phone or zoom

**ANNOUNCEMENTS:**

* No GSWA meeting in March
* Unable to have social worker’s luncheon due to COVID
* Will be offering Gift certificates and you have until 3/18/22 to RSVP
* 50/50 winner is Vicki $11
* MOW Designer Purse Bingo – still looking for sponsors. Tickets are still available
* Royal HHC opening share care home

**Next Board Meeting will be March 24, 2022 at 8am at Maryvale**

**NEXT GENERAL MEETING WILL BE ON FRIDAY, APRIL 1, 2022 at 11:30am via Zoom or Marquette Savings Bank.**