

Independent Council on Aging General Meeting November 4, 2016

1. Call to order at 12:00 by Julie Hartmann.

2. Craig Casler from the Vegetarian Society spoke on the "Vegan way of life".

3. Approval process for new President and Vice President—Kim Whelan

--Mike Starocci of course resigned. Julie Hartmann as former VP could move into the Presidency. Kim opened up nominations to the general membership to see if anyone would like to volunteer or nominate someone else for President. Nominations were closed. Questioned if there were any objections to Julie Hartmann being President. None were voiced. Julie Hartmann will be President of ICA this year.

--There is a vacancy for Vice President due to Julie H. moving into President position. Michele Cooney was nominated for Vice President. Kim W. once again opened up nominations to the floor. No nominations. Nominations closed. No objections voiced for Michele Cooney as Vice President. Michele Cooney was accepted as ICA Vice President.

4. By-Laws, Sr. Pat—Last month she reviewed the changes/revisions. She has not received any comments or revisions. She went through the revisions again with the general membership. Discussion/clarification ensued on a couple points. A motion was made to accept the by-laws with all revisions. By a show of hands from the membership the by-laws were accepted.

5. Treasurer Report—Lindsey C.	Opening balance	\$30,099
	Lunches	640
	Deposits	1129
	(memberships and ads)	
	Ending Balance	\$30,588

6. Membership—Pat C.—Pat said there are still many outstanding members not paid. If you are not paid, you can not be included in the ICA Directory, you can not be given an ICA directory and you will need to start paying a guest fee for lunches. If needed copies of checks can be done right at the Regency to take back to employers.

7. Amee W.—Comic Relief—Date set for Thursday, 3/30. Comedian is not quite yet confirmed but Jr's assured us of a comedian for that date.

--Special Senior Event—Sr. Pat said the date was Valentine's Day, February 14th from 12-3pm at the Shrine Club. There will be a sit down dinner and live music. We need a name for the event so if anyone has any ideas let Sr. Pat know. Also, we would like to provide some transportation for those individuals that can't get there. If anyone has ideas for that let her know too.

8. Legislative—Matt T.—Funding for new Federal budget is expected to be done by 12/9/16. The House added monies to the budget for nutritional programs such as congregate meals,

nutritional education, etc. On the state level Community Health Choices is slated to be up and running by July of next year in the Pittsburgh area.

9. Guide to Services, Kim W.—Currently taking ads. **ADS AND CHECKS DUE BY FRIDAY, DECEMBER 2ND!!** If you have any changes to your listing please see Kim or Carol Donlin.

10. Announcements—

--GSWA Meeting November 10th at 2:30 at Independence Court.

--Gert Simmons—Open Enrollment is here! APPRISE program can help.

--John Johnston—There will be a .3% COLA for those on Social Security. Someone's Part B insurance will not be increased due to a low COLA if it's more than what the increase was.

--Patrice Mitchell—LIHEAP (low income energy assistance) is here again. Applications will be accepted. Flyers are on the table.

--Jill—Alzheimer's Assn—11/18 is the conference. A speaker from UPMC, a chemist, Dr. Robinson will be speaking. Sponsorships are still available.

--Michele C.—Speaking on behalf of Super Sleigh on 12/2 until 12/4. Will be taking food donations for Second Harvest Food Bank at the Millcreek Mall. Money donations will be accepted to transport the food.

--Bridget Buzard—Therapy Dogs—Friday, November 11th Bark and Brew

--Tony vigilione—12/2 from 11-5 Sr. Helpers will host an open house at their new location at 31st and State.

--Rick Proctor from Reverse Mortgage—He's an Old Newsie and they will be out and about on 12/2 collecting money for over 2400 Food baskets.

--Ameé Weislogel—She is the Geriatric Clinical Liaison at LECOM Institute for Successful Aging at the Neurocognitive Center of Excellence for people 55+

******Don't forget next month there will be no 50-50 at the December meeting. We will take up a collection for 3 charities traditionally done at the December General Meeting. Bring your wallets and be generous. The 3 charities voted upon from suggestions from our membership are:**

Mercy Center for Women

The Overflow Shelter run by local churches in the winter

The Foster Grandparent Program

Respectfully Submitted:

Lisa Anderson
ICA Secretary

HELP FOR HEATING LIHEAP

The Low Income Home Energy Assistance Program (LIHEAP) is open from November 1, 2016 through March 31, 2017.

A family of four with a gross annual income of \$36,450 qualifies for a grant.

1

Who qualifies for LIHEAP?

The 2016/2017 Proposed Plan Income Guidelines for LIHEAP are listed below.

Household Size	Annual Maximum Income Limit
1	\$17,820
2	\$24,030
3	\$30,240
4	\$36,450
5	\$42,660
6	\$48,870
For income limits for larger households, visit www.LIHEAPhelps.com .	

2

How to apply? It's easier than ever! Depending on your circumstances, you may apply:

- Online - www.LIHEAPhelps.com.
- By mail – Download an application at www.compass.state.pa.us.
- In person – Applications are taken at all local County Assistance Offices.
- For more information, call the LIHEAP hotline at 1-866-857-7095.
- By telephone - Contact the local County Assistance Office.

3

What will you need to apply?

- Names of people in your household
- Dates of birth for all household members
- Social Security Numbers for all household members
- Proof of income for members of your household
- A recent heating bill